

J-CURVE

Lesson 1: Introduction to the J-Curve





PHILIPPIANS 3:7-8

7 But whatever gain I had, I counted as loss for the sake of Christ. 8 Indeed, I count everything as loss because of the surpassing worth of knowing Christ Jesus my Lord. For his sake I have suffered the loss of all things and count them as rubbish.

PHILIPPIANS 3:9-10

9 and be found in him, not having a righteousness of my own that comes from the law, but that which comes through faith in Christ, the righteousness from God that depends on faith—10 that I may know him and the power of his resurrection, and may share his sufferings, becoming like him in his death,

PHILIPPIANS 3:9

A Not having my righteousness

B the one out of the law

C but the one through faith in Christ

B' the one of God

A' righteousness upon faith.

PHILIPPIANS 3:10

...that I may know him and the power of his resurrection, and may share his sufferings, becoming like him in his death

fellowship

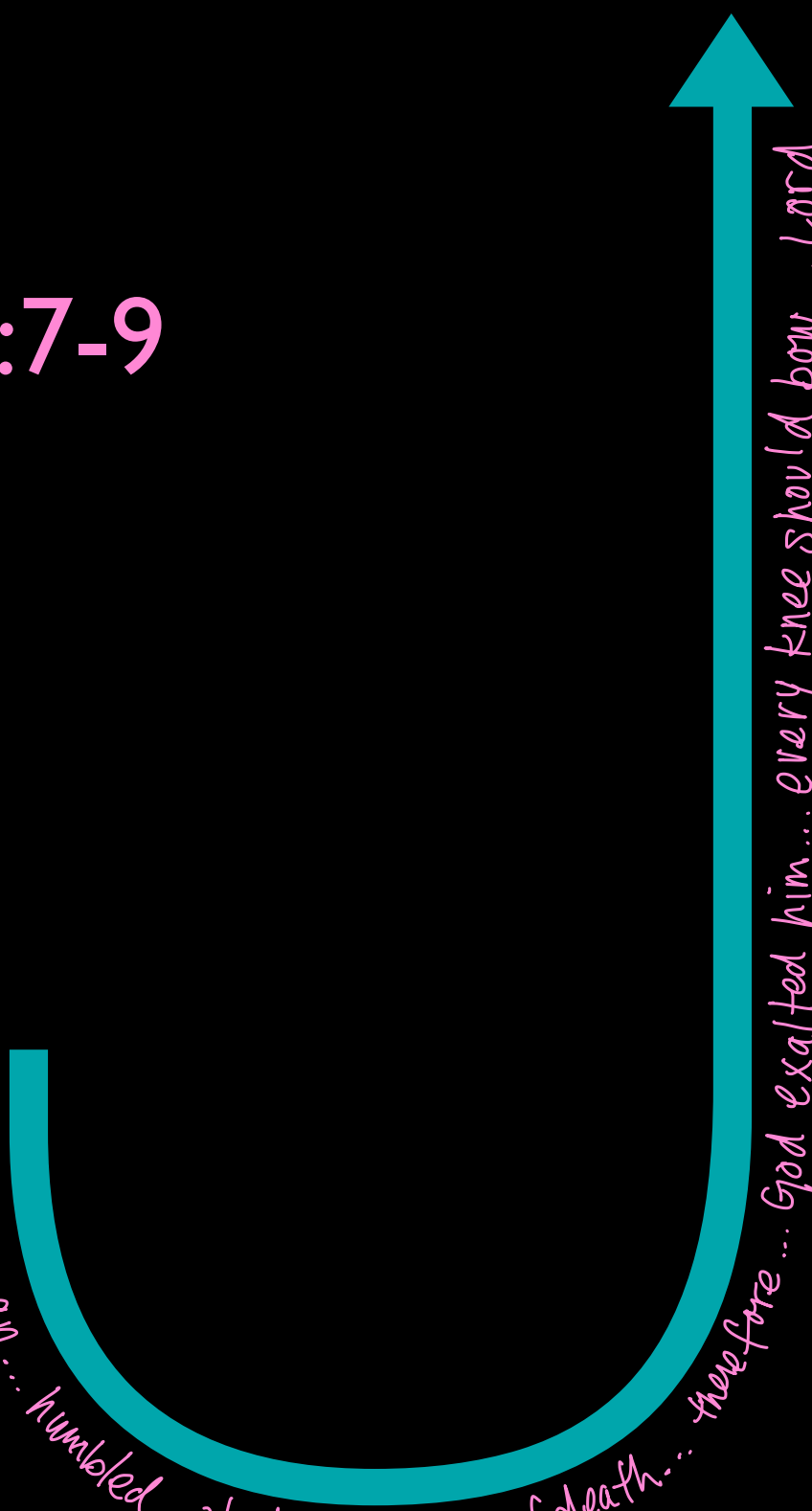
LIFE

DEATH

RESURRECTION

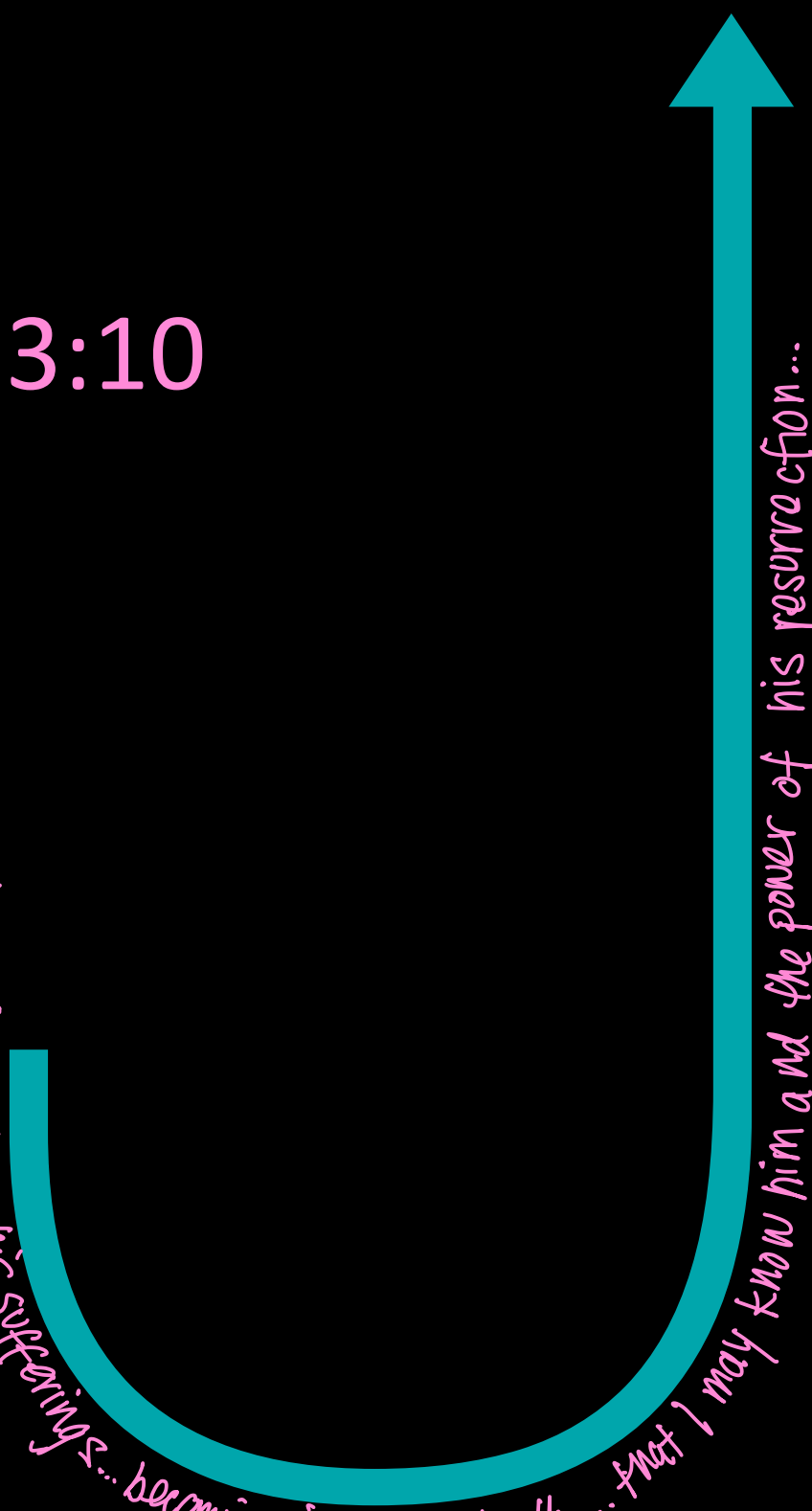


Philippians 2:7-9



emptied... servant... man... humbled... obedient to point of death... therefore... God exalted him... every knee should bow... Lord

Philippians 3:10



know him... share his sufferings... becoming like him in death ... that I may know him and the power of his resurrection...



“For this is to be the pattern of our whole lives. Through...love and obedience and the tribulations of pain and loss for Jesus’ sake, we enter into a thousand little deaths day by day, and through the ministry of the Spirit, we rise out of those little deaths into constantly recurring experiences of risen life with Christ.”

J. I. PACKER

“KEEPING IN STEP WITH THE SPIRIT,” 136

LIFE

DEATH

RESURRECTION



withdraw
resign

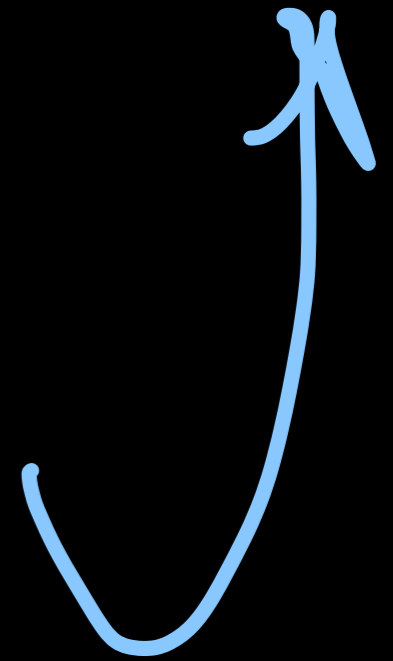
blame
gossip

angry
bitter

ALISHA

hopeless
despair

fight



Steps When Facing a J-Curve

- See it
- Receive it
- Glory in it!